

# CURRICULUM VITAE

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**Rev. John Paul Mitchell, S.T.D., M.S.**  
3257 South Lake Drive, St. Francis, WI 53235  
414-747-6489 | johnpmitchell@proton.me

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## EDUCATION

### *Degrees Earned:*

- 2023      **Doctorate in Sacred Theology: Biblical Theology (S.T.D.), *Summa Cum Laude***  
Pontifical Gregorian University – Rome, Italy
- *Dissertation Topic:* “Ziba and Mephibosheth: Minor Characters and the Drama of Reading in the Characterization of David’s Denouement in 1–2 Samuel”
- 2015      **Licentiate in Sacred Theology: Biblical Theology (S.T.L.)**  
Pontifical Gregorian University – Rome, Italy
- *Thesis Topic:* “David, Ziba and Mephibosheth: A Narrative Analysis”
- 2013      **Baccalaureate in Sacred Theology: Theology (S.T.B.)**  
Pontifical University of the Holy Cross – Rome, Italy
- 2007      **Master of Science: Journalism (M.S.)**  
Columbia University Graduate School of Journalism – New York, NY
- 2009      **Bachelor of Philosophy: Philosophy (Ph.B.)**  
St. John Vianney Theological Seminary – Denver, CO
- 2006      **Bachelor of Arts: Major, Philosophy; Minors, Physics & Theology (B.A.)**  
The Catholic University of America (CUA) – Washington, DC
- 2005 (spring)      Centre for Medieval and Renaissance Studies, Oxford University – Oxford, UK
- 2002      **High School Graduation Diploma**  
Brookfield Academy – Valedictorian – Brookfield, WI

### *Major Seminary:*

- 2010-2013      Pontifical North American College – Rome, Italy  
2009-2010      Theological College, The Catholic University of America – Washington, DC  
2007-2009      St. John Vianney Theological Seminary – Denver, CO

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## ORDINATION DATES

- 2013 (May)      Ordination to the Order of the Priesthood  
2013 (October)      Ordination to the Order of the Diaconate

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## LANGUAGES

### *Modern:*

English (native)  
Italian (full professional proficiency)  
French (professional working proficiency)  
German (limited working proficiency)  
Spanish (elementary sacramental proficiency)

### *Ancient:*

Biblical Hebrew (full professional proficiency)  
Koine Greek (professional working proficiency)  
Classical/Eccl. Latin (limited working proficiency)

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## PASTORAL EXPERIENCE

- 2023-present **Director of Propaedeutic Formation**  
Saint Francis de Sales Major Seminary – St. Francis, WI
- 2022-present **Seminary Formation Advisor**  
Saint Francis de Sales Major Seminary – St. Francis, WI
- 2015-2019 **Parochial Vicar**  
Holy Family–Presentation–Our Risen Savior Tri-parish – Fond du Lac, WI

### *Chaplain:*

- 2022-present Courage and Encourage International – Archdiocese of Milwaukee
- 2016-2019 Courage and Encourage International – Archdiocese of Milwaukee
- 2019-2022 Missionaries of Charity: formation of novices and liturgical assistance – Rome, Italy
- 2017-2019 Society of St. Vincent de Paul – Fond du Lac, WI
- 2016-2019 Knights of Columbus – Fond du Lac, WI
- 2015-2019 St. Mary's Springs Academy (pre-K–12) – Fond du Lac, WI
- 2013-2015 United States Navy Base – Naples, Italy

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## TEACHING EXPERIENCE

### *Sacred Heart Seminary and School of Theology (graduate):*

- 2025 (fall) SS 540 Historical Books
- 2024 (spring) SS 559 Poetics of Hebrew Narrative: The David Cycle
- 2023-2025 SS 501/502 Reading Sacred Scripture I & II (fall & spring)
- 2022-2025 SS 526 Prophetic Books
- 2022-2023 SS 515 Pentateuch and Historical Books

### *Other:*

- 2021 (spring) Missionaries of Charity, Novice Formation – Intro. to Sacred Scripture – Rome, Italy
- 2015-2019 St. Mary's Springs Academy High School – Intro. to Sacred Scripture – Fond du Lac, WI

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## PUBLICATIONS

### *Academic Publications:*

2023. *Ziba and Mephibosheth: Minor Characters and the Drama of Reading in the Characterization of David's Denouement in 1–2 Samuel*. S.T.D. Diss. Extract. Rome: Pontifical Gregorian University. Accessed January 30, 2024.  
[https://www.academia.edu/114161454/David\\_Meets\\_Mephibosheth\\_2Sam\\_19\\_25\\_31\\_24\\_30\\_in\\_Ziba\\_and\\_Mephibosheth\\_Minor\\_Characters\\_and\\_the\\_Drama\\_of\\_Reading\\_in\\_the\\_Characterization\\_of\\_David's\\_Denouement\\_in\\_1\\_2\\_Samuel?source=swp\\_share](https://www.academia.edu/114161454/David_Meets_Mephibosheth_2Sam_19_25_31_24_30_in_Ziba_and_Mephibosheth_Minor_Characters_and_the_Drama_of_Reading_in_the_Characterization_of_David's_Denouement_in_1_2_Samuel?source=swp_share).
2009. *Naming and Identity*. Ph.B. Thesis. Denver: St. John Vianney Theological Seminary.  
<https://drive.proton.me/urls/4JTT2NY6ZG#XeEimdAu8rvj>.

### *Popular Publications:*

2022. "The Rachel: A Scriptural Voyage through Melville's Holy Sea." *Annecy*, Issue 8 (Fall): 31-36.  
[https://www.academia.edu/119824739/The\\_Rachel\\_A\\_Scriptural\\_Voyage\\_through\\_Melville's\\_Holy\\_Sea?source=swp\\_share](https://www.academia.edu/119824739/The_Rachel_A_Scriptural_Voyage_through_Melville's_Holy_Sea?source=swp_share).

### ***Newspaper Articles:***

#### *Secular:*

2007. "Monks Who Play Punk." *The New York Times*, April 22.  
<https://www.nytimes.com/2007/04/22/nyregion/thecity/22monk.html>.

#### *Religious:*

2025. "Fathers and Sons and the Spirit of God: Scripture Reflections for the Solemnity of the Most Holy Trinity, Year C." *Milwaukee Catholic Herald*, June 12.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_06\\_12\\_2025.pdf#page=29&zoom=100](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_06_12_2025.pdf#page=29&zoom=100).
2025. "Bearing Fruit Through Fortright Repentance: Scripture Reflections for the Third Sunday of Lent, Year C." *Milwaukee Catholic Herald*, March 20.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_03\\_20\\_2025.pdf#page=25&viewrect=61,87,500,500&highlight=261,356,486,478](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_03_20_2025.pdf#page=25&viewrect=61,87,500,500&highlight=261,356,486,478).
2025. "Proclaiming Jubilee: Scripture Reflections for the Third Sunday in Ordinary Time, Year C." *Milwaukee Catholic Herald*, January 23.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_01\\_23\\_2025.pdf#page=21&viewrect=64,87,500,500&highlight=264,359,486,478](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_01_23_2025.pdf#page=21&viewrect=64,87,500,500&highlight=264,359,486,478).
2024. "Preparation for a Happy Death: Scripture Reflections for the Thirty-Third Sunday in Ordinary Time, Year B." *Milwaukee Catholic Herald*, November 14.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_11\\_14\\_2024.pdf#page=13&viewrect=63,88,500,500&highlight=263,358,485,477](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_11_14_2024.pdf#page=13&viewrect=63,88,500,500&highlight=263,358,485,477).
2024. "Seeing as God Sees: Scripture Reflections for the Twenty-Fifth Sunday in Ordinary Time, Year B." *Milwaukee Catholic Herald*, September 19.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_09\\_19\\_2024.pdf#page=29&viewrect=63,87,500,500&highlight=263,358,486,478](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_09_19_2024.pdf#page=29&viewrect=63,87,500,500&highlight=263,358,486,478).
2024. "The Sacramental Power of the Eucharist: Scripture Reflections for the Thirteenth Sunday in Ordinary Time, Year B." *Milwaukee Catholic Herald*, June 27.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_06\\_27\\_2024.pdf#page=13&viewrect=62,87,500,500&highlight=262,357,486,478](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_06_27_2024.pdf#page=13&viewrect=62,87,500,500&highlight=262,357,486,478).
2024. "A Three-Day Mystery: The Eucharist and the Paschal Triduum." *Milwaukee Catholic Herald: Special Section: The Eucharist*, March 21.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_03\\_21\\_2024.pdf#page=18&viewrect=0,203,500,500&highlight=55,119,370,361](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_03_21_2024.pdf#page=18&viewrect=0,203,500,500&highlight=55,119,370,361).
2024. "Let All Mortal Flesh Keep Silence: Scripture Reflections for the Sixth Sunday in Ordinary Time, Year B." *Milwaukee Catholic Herald*, February 8.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_02\\_08\\_2024.pdf#page=29&viewrect=63,87,500,500&highlight=263,358,486,478](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_02_08_2024.pdf#page=29&viewrect=63,87,500,500&highlight=263,358,486,478).
2023. "Keeping Watch: Scripture Reflections for the First Sunday of Advent, Year B." *Milwaukee Catholic Herald*, November 30.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_11\\_30\\_2023.pdf#page=21&viewrect=0,0,500,500&highlight=36,207,648,638](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_11_30_2023.pdf#page=21&viewrect=0,0,500,500&highlight=36,207,648,638).
2023. "Scriptural Origins [of the Eucharist]: 'Bread from Heaven.'" *Milwaukee Catholic Herald: Special Section: The Eucharist*, November 21.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_11\\_21\\_2023.pdf#page=11&viewrect=101,201,500,500&highlight=301,363,372,363](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_11_21_2023.pdf#page=11&viewrect=101,201,500,500&highlight=301,363,372,363).
2023. "Render Your Life to God: Scripture Reflections for the Twenty-Ninth Sunday in Ordinary Time, Year A." *Milwaukee Catholic Herald*, October 19.

- [https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_10\\_19\\_2023.pdf#page=13&viewrect=0,0,500,500&highlight=36,372,696,656](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_10_19_2023.pdf#page=13&viewrect=0,0,500,500&highlight=36,372,696,656).
2023. "Let Your Grudges Go: Scripture Reflections for the Twenty-Third Sunday in Ordinary Time, Year A." *Milwaukee Catholic Herald*, September 7.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_09\\_07\\_2023.pdf#page=21&viewrect=403,85,500,500&highlight=603,759,488,479](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_09_07_2023.pdf#page=21&viewrect=403,85,500,500&highlight=603,759,488,479).
2023. "Riddles of the Kingdom." *Milwaukee Catholic Herald*, July 13.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_07\\_13\\_2023.pdf#page=37&viewrect=0,0,500,500&highlight=36,192,648,638](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_07_13_2023.pdf#page=37&viewrect=0,0,500,500&highlight=36,192,648,638).
2023. "Where Did Jesus Go? And Why?" *Milwaukee Catholic Herald*, May 18.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_05\\_18\\_2023.pdf#page=21&viewrect=0,237,500,500&highlight=36,205,336,327](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_05_18_2023.pdf#page=21&viewrect=0,237,500,500&highlight=36,205,336,327).
2023. "Hope in the 'Even Now ...'" *Milwaukee Catholic Herald*, March 23.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_03\\_23\\_2023.pdf#page=13&viewrect=0,195,500,500&highlight=36,207,378,369](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_03_23_2023.pdf#page=13&viewrect=0,195,500,500&highlight=36,207,378,369).
2023. "Scriptural Origins [of the Eucharist]: 'Bread from Heaven.'" *Milwaukee Catholic Herald: Special Section: The Eucharist*, March 25.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_03\\_25\\_2023.pdf#page=9&viewrect=367,51,500,500&highlight=567,628,522,513](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_03_25_2023.pdf#page=9&viewrect=367,51,500,500&highlight=567,628,522,513).
2023. "Pope Emeritus Benedict XVI: Acquiring a Beatific Vision." *Milwaukee Catholic Herald*, January 26.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_01\\_26\\_2023.pdf#page=17&viewrect=0,0,500,500&highlight=36,193,648,638](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_01_26_2023.pdf#page=17&viewrect=0,0,500,500&highlight=36,193,648,638).
2022. "Christ's Royal Paradise." *Milwaukee Catholic Herald*, November 17.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_11\\_17\\_2022.pdf#page=21&viewrect=0,0,500,500&highlight=36,367,696,656](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_11_17_2022.pdf#page=21&viewrect=0,0,500,500&highlight=36,367,696,656).
2022. "Bothering God." *Milwaukee Catholic Herald*, October 13.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_10\\_13\\_2022.pdf#page=13&viewrect=0,0,500,500&highlight=36,182,635,626](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_10_13_2022.pdf#page=13&viewrect=0,0,500,500&highlight=36,182,635,626).
2022. "The Ladder of Humility." *Milwaukee Catholic Herald*, August 25.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_08\\_25\\_2022.pdf#page=21&viewrect=57,437,500,500&highlight=257,398,136,127](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_08_25_2022.pdf#page=21&viewrect=57,437,500,500&highlight=257,398,136,127).
2022. "Fixing Our Hearts Toward the New Jerusalem." *Milwaukee Catholic Herald*, June 30.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_06\\_30\\_2022.pdf#page=29&viewrect=0,0,500,500&highlight=36,655,696,658](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_06_30_2022.pdf#page=29&viewrect=0,0,500,500&highlight=36,655,696,658).
2022. "Good Shepherds, Good Mothers, Good Christians." *Milwaukee Catholic Herald*, May 5.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_05\\_05\\_2022.pdf#page=21&viewrect=0,0,500,500&highlight=36,180,648,638](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_05_05_2022.pdf#page=21&viewrect=0,0,500,500&highlight=36,180,648,638).
2022. "Learning to Feast by Learning to Fast." *Milwaukee Catholic Herald*, March 10.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_03\\_10\\_2022.pdf#page=21&viewrect=25,247,500,500&highlight=225,371,326,316](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_03_10_2022.pdf#page=21&viewrect=25,247,500,500&highlight=225,371,326,316).
2022. "Run to Mary When Your Wine Runs Short." *Milwaukee Catholic Herald*, January 13.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_01\\_13\\_2022.pdf#page=21&viewrect=214,59,500,500&highlight=414,582,514,505](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_01_13_2022.pdf#page=21&viewrect=214,59,500,500&highlight=414,582,514,505).
2021. "The Crèche That Crushes the Catalogue of the Corrupt." *Milwaukee Catholic Herald*, December 2.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_12\\_02\\_2021.pdf#page=21&viewrect=0,4,500,500&highlight=36,199,569,559](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_12_02_2021.pdf#page=21&viewrect=0,4,500,500&highlight=36,199,569,559).

2021. "Two Widows Give Us Their Two Cents." *Milwaukee Catholic Herald*, November 4.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_11\\_04\\_2021.pdf#page=13&viewrect=0,0,500,500&highlight=36,197,648,638](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_11_04_2021.pdf#page=13&viewrect=0,0,500,500&highlight=36,197,648,638).
2021. "The Eye of the Needle." *Milwaukee Catholic Herald*, October 7.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_10\\_07\\_2021.pdf#page=21&viewrect=63,86,500,500&highlight=263,358,487,479](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_10_07_2021.pdf#page=21&viewrect=63,86,500,500&highlight=263,358,487,479).
2021. "Scripture and Tradition Together Transform Our Hearts." *Milwaukee Catholic Herald*, August 26.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_08\\_26\\_2021.pdf#page=21&viewrect=0,172,500,500&highlight=36,201,401,392](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_08_26_2021.pdf#page=21&viewrect=0,172,500,500&highlight=36,201,401,392).
2021. "'Is He Not the Carpenter?'" *Milwaukee Catholic Herald*, July 1.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_07\\_01\\_2021.pdf#page=17&viewrect=25,393,500,500&highlight=225,395,180,171](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_07_01_2021.pdf#page=17&viewrect=25,393,500,500&highlight=225,395,180,171).
2021. "Sing a New Song." *Milwaukee Catholic Herald*, May 6.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_05\\_06\\_2021.pdf#page=21&viewrect=0,0,500,500&highlight=36,189,601,591](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_05_06_2021.pdf#page=21&viewrect=0,0,500,500&highlight=36,189,601,591).
2021. "Snake Bites and John 3:16." *Milwaukee Catholic Herald*, March 11.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_03\\_11\\_2021.pdf#page=17&viewrect=0,0,500,500&highlight=36,194,648,638](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_03_11_2021.pdf#page=17&viewrect=0,0,500,500&highlight=36,194,648,638).
2021. "'Come and See': Building Islands of Communion." *Milwaukee Catholic Herald*, January 14.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_01\\_14\\_2021.pdf#page=20&viewrect=403,28,500,500&highlight=603,754,545,535](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_01_14_2021.pdf#page=20&viewrect=403,28,500,500&highlight=603,754,545,535).
2020. "Christ the Poor, King of the Poor." *Milwaukee Catholic Herald*, November 19.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_11\\_19\\_2020.pdf#page=28&viewrect=0,0,500,500&highlight=36,186,648,638](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_11_19_2020.pdf#page=28&viewrect=0,0,500,500&highlight=36,186,648,638).
2020. "To Be Rather Than to Seem." *Milwaukee Catholic Herald*, September 24.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_09\\_24\\_2020.pdf#page=13&viewrect=0,0,500,500&highlight=111,202,648,638](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_09_24_2020.pdf#page=13&viewrect=0,0,500,500&highlight=111,202,648,638).
2020. "Supplying Our Society's Need." *Milwaukee Catholic Herald*, July 30.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_07\\_30\\_2020.pdf#page=20&viewrect=214,335,500,500&highlight=414,564,238,229](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_07_30_2020.pdf#page=20&viewrect=214,335,500,500&highlight=414,564,238,229).
2020. "The Communing Genius of the Eucharist." *Milwaukee Catholic Herald*, June 11.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_06\\_11\\_2020.pdf#page=16&viewrect=0,116,500,500&highlight=36,204,457,448](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_06_11_2020.pdf#page=16&viewrect=0,116,500,500&highlight=36,204,457,448).
2020. "At Home: Embracing Our Royal Priesthood." *Milwaukee Catholic Herald*, May 7.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_05\\_07\\_2020.pdf#page=12&viewrect=0,59,500,500&highlight=36,185,514,505](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_05_07_2020.pdf#page=12&viewrect=0,59,500,500&highlight=36,185,514,505).
2020. "Meditation for a Palm-less Palm Sunday: Scripture Reflections for Palm Sunday of the Passion of the Lord, Year A." *Milwaukee Catholic Herald*, April 2.  
[https://now.dirxion.com/Milwaukee\\_Catholic\\_Herald/library/Milwaukee\\_Catholic\\_Herald\\_04\\_02\\_2020.pdf#page=12&viewrect=0,0,500,500&highlight=36,615,696,656](https://now.dirxion.com/Milwaukee_Catholic_Herald/library/Milwaukee_Catholic_Herald_04_02_2020.pdf#page=12&viewrect=0,0,500,500&highlight=36,615,696,656).
2020. "Stop the Hate: Reveal the Father: Scripture Reflections for the Seventh Sunday in Ordinary Time, Year A." *Milwaukee Catholic Herald*, February 20.  
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2019. "'Gone Fishin' Packs So Much Humanity: Scripture Reflections for the Third Sunday of Easter, Year C." *Milwaukee Catholic Herald*, May 2.  
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2018. "God Reveals His Secret to Moses: Scripture Reflections for the Solemnity of the Most Holy Trinity, Year B." *Milwaukee Catholic Herald*, May 24.  
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2018. "No Fooling: Christ Is Risen Indeed: Scripture Reflections for Easter Sunday, Year B." *Milwaukee Catholic Herald*, March 29.  
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2018. "Jesus' Righteous Anger: Scripture Reflections for the Third Sunday of Lent, Year B." *Milwaukee Catholic Herald*, March 1.  
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2018. "Healing Christ Provides More Than Physical Blessing: Scripture Reflections for the Fifth Sunday in Ordinary Time, Year B." *Milwaukee Catholic Herald*, February 1.  
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- 2003-2005. *The Call*, CUA bi-annual pro-life newsletter: editor-in-chief, regular contributor.

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## SEMINARY FORMATION CONFERENCES

- "Priesthood in the Letter to the Hebrews I," Configuration IV formation conference. Saint Francis de Sales Seminary. St. Francis, WI. 2023.
- "Priesthood in the Letter to the Hebrews II," Configuration IV formation conference. Saint Francis de Sales Seminary. St. Francis, WI. 2022, 2023.
- "Spiritual Fatherhood," Configuration III formation conference. Saint Francis de Sales Seminary. St. Francis, WI. 2022, 2023.
- "Priestly Identity III," Configuration II formation conference. Saint Francis de Sales Seminary. St. Francis, WI. 2024.
- "Priestly Maturity," Discipleship II formation conference. Saint Francis de Sales Seminary. St. Francis, WI. 2023, 2024.
- "Theology of Marriage," Pre-Theology II formation conference. Saint Francis de Sales Seminary. St. Francis, WI. 2018, 2019.

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## INVITED LECTURES, RETREATS & PRESENTATIONS

- “Priestly Character and the Geography of the Heart,” conferences for the Diocese of Peoria Seminarian Gathering Days of Recollection. Basilica of the National Shrine of Our Lady Help of Christians. Hubertus, WI. July 28-29, 2025.
- “Come and See: Evangelization, the Eucharist, and Building of Islands of Communion,” presentation for St. Teresa of Calcutta Parish Mission. Hartland, WI. June 8, 2025.
- “Hope in the Lord: Biblical Wisdom for the Jubilee Year,” presentation for Holy Family Parish Mission. Whitefish Bay, WI. April 3, 2025.
- “How Do Moses and the Prophets Refer to Jesus?” presentation for Archdiocese of Milwaukee Emmaus 90 formation journey. Zoom. February 13, 2025.
- “Pilgrims of Hope,” keynote talk for Brew City Catholic Winter Weekend Retreat. Schoenstatt Retreat Center. Waukesha, WI. January 31, 2025.
- “Word of God: Tree of Life,” presentation for the Archdiocese of Milwaukee Order of Catechists. Mary Mother of the Church Pastoral Center. St. Francis, WI. October 18, 2024.
- “Cultivate: Exercise Dominion and Begin Again,” presentation for Brew City Catholic Men’s Community Formation Retreat. Three Holy Women Parish: St. Rita. Milwaukee, WI. September 21, 2024.
- “Freedom, Catholicism, and Q’s of LGBTQ+ Catholics,” presentation for Carroll University Catholic Campus Ministry. Waukesha, WI. April 19, 2024.
- “What the Church Teaches about Same-Sex Attraction,” presentation for High School Formation Night. St. Robert’s & Holy Family parishes. Whitefish Bay, WI. January 7, 2024.
- “Lectio Divina 101: Divine Reading,” presentation for Parish Staff Reflection Day. St. Jerome Catholic Church. Oconomowoc, WI. August 18, 2022.
- “God’s Re-collecting Word in Troubled Times,” homily & talk series for Day of Recollection. Saint Francis de Sales Seminary. St. Francis, WI. August 29, 2020.
- “End-of-Life Concerns: The Christian’s Last Passover,” presentation at Holy Family Catholic Community. Fond du Lac, WI. April 15, 2019.
- “The Imitation of Christ,” 2-Day Silent Retreat for the Brotherhood of St. Ambrose Men’s Group. Cedar Valley Center. West Bend, WI. March 22-23, 2019.
- “Spirituality of St. Vincent de Paul & St. Louise de Marillac,” presentation for St. Vincent De Paul Society. Fond du Lac, WI. October 20, 2018.
- “Clergy Sexual Abuse Crisis,” presentation for Staff Formation Day. Holy Family Catholic Community. Fond du Lac, WI. September 26, 2018.
- “The Sacrament of Confirmation: Sealed with the Spirit,” presentation for Confirmation students. Holy Family Catholic Community. Fond du Lac, WI. September 2015, 2016, 2017, 2018.
- “Unleashed by Faith,” presentation for Faculty & Staff Development Day. Saint Mary’s Springs Academy. Fond du Lac, WI. August 23, 2018.
- “Spiritual Exercises of St. Ignatius of Loyola,” 2-Day Silent Retreat for the Brotherhood of St. Ambrose Men’s Group. Cedar Valley Center. West Bend, WI. April 13-14, 2018.
- “Unity in Diversity: A Nation of Immigrants – One Body in Christ,” presentation at Holy Family Catholic Community. Fond du Lac, WI. October 28, 2017.
- “Anointing of the Sick: A Sacrament of Healing,” presentation at Holy Family Catholic Community. Fond du Lac, WI. April 19, 2017.
- “Voting Catholic,” presentation at Holy Family Catholic Community. Fond du Lac, WI. October 18, 2016.
- “Celibacy 101,” presentation for Seminary Vocation Camp. Saint Francis de Sales Seminary. St. Francis, WI. June 21, 2016.



“Male and Female He Created Them: Male-Female Complementarity,” presentation for Holy Family Women’s Group. Holy Family Catholic Community. Fond du Lac, WI. January 20, 2016.

“Praying with the Psalms: The School of Prayer,” four-talk series at Holy Family Catholic Community. Fond du Lac, WI. July 17, 24, 31, and August 7, 2014.

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#### **ACHIEVEMENTS / AWARDS / SCHOLARSHIPS**

2007	Madison Marathon
2006	Phi Beta Kappa Society
2006	CUA President’s Award
2002-2006	CUA Archdiocesan Scholarship, full-tuition
2005	All-Conference NCAA Division III Cross Country

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#### **OTHER SIGNIFICANT EXPERIENCES**

2011	Institute for Stuttering Treatment and Research, University of Alberta
	<ul style="list-style-type: none"><li>• Intensive Treatment Clinic – Faculty of Rehabilitation Medicine</li></ul>

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#### **INTERESTS / HOBBIES**

Fiction literature, classic film, running, tennis, Frisbee, skiing