

If you know or suspect you were in close contact with a person who tested positive with Covid-19:

1. **Were you in 'close contact'?** Close Contact is defined as having been within 6' of the person for a cumulative total of 15 min or more over a 24-hour period
2. **If No, then** Watch for Symptoms. If Symptoms present themselves, immediately self-isolate and contact your doctor. Follow the related YES protocol below for your vaccination type.
3. **If yes, then**
 - a. Are you Fully Vaccinated?
 - i. If YES, then
 1. If you HAVE symptoms, immediately self-isolate and contact your healthcare provider.
 2. Get tested after 3 – 5 days after exposure EVEN IF YOU DO NOT HAVE SYMPTOMS.
 3. People who are fully vaccinated to NOT need to quarantine after contact unless they have symptoms.
 4. Wear a mask indoors in public for 14 days following exposure OR until test result in negative (after day 7) whichever is earlier.
 5. If your test is positive, then you should self-isolate for 10 days from the date of the test.
 6. Watch for Symptoms (see below)
 - ii. If NO, then
 1. Stay home 14 days after your last contact even if you are asymptomatic
 2. If you HAVE symptoms, immediately self-isolate and contact your healthcare provider.
 3. Get tested after 3 – 5 days after exposure EVEN IF YOU DO NOT HAVE SYMPTOMS.
 4. If your test is positive, then you should self-isolate for 10 days from the date of the test (if it is negative, then 14 days quarantine since your last contact).
 5. Watch for Symptoms (see below).

Covid-19 Symptoms: fever (100.4F+), cough, shortness of breath, fatigue, body or headache, loss of taste/smell, sore throat, congestion/runny nose, nausea or vomiting, diarrhea.

From the [DHS Community Site Testing](#) link, I found these resources for COVID-19 Testing in our general area:

- [Walgreens](#) – offers walk-in, the pharmacy encourages online scheduling/registration but it is not required.
- **Summit – Milwaukee south – 76th and Rawson**, Hours 9 – 5p, M-f; 9-3, Sat, Phone 262-788-9311, **Process: Walk-in**; OR Register and schedule online at [DOINEEDACOV19TEST.com](https://www.doineedacovid19test.com)
- Buy a Home Test (which is an h.s.a. and f.s.a. eligible expense).
 - The three most popular ones are: [BinaxNOW by Abbott](#), [Lucira Check-It](#) and [Ellume COVID-19 Home Test](#).
 - Read [this article](#) by MIT Technology Review (May 4, 2021) to find out more about their accuracy (spoiler alert: 9 out of 10 accuracy is better than not taking the test at all!).
 - **If you have symptoms and the home test comes back negative, get a second test at a reputable testing site to confirm.**
- OR select the hyperlink 'DHS Community Site Testing' to find a place that is convenient to you.

Thank you everyone for doing your part in helping to prevent the spread of the COVID-19 virus on campus and responding to outbreaks with care, compassion and kindness. Despite our most careful planning, the Road of Life is unpredictable, but we will continue to do our best as an organization to provide you the resources and tools and safety measures to keep you safe.

Excerpt from [People Plan. God Laughs.](#) by Rabbi Judith Schindler, July 20, 2019.

a quick story about a religious man caught in rising floodwaters. A neighbor came in a truck and said, "I'll drive you to safety."

"No thanks" the man replied. "God will save me."

The waters rose and the police came in a boat. The man declined again asserting, "God will save me."

Then a helicopter hovered overhead as the man climbed to his roof.

"No need to lower the ladder," the man cried out, "God will save me."

Ultimately the man drowned.

Upon arriving in heaven the man demanded a response from God: "God, why am I here in heaven? I prayed trusting you would save me from the flood."

"Yes, you did," God replied, "And I sent you a truck, a boat and a helicopter. But you never got in."

Though people plan and God laughs, we cannot wait for God's plan to unfold.

*Judaism teaches, "**Pray as if everything depended on God, act as if everything depends upon you.**"*

Do not say God will save others, for God needs you and others need you: to pursue justice, to love mercy, and to walk humbly.