

# InnerView

“Taste and see that the LORD is good; blessed is the one who takes refuge in him.” (Psalm 34:8)

## Vietnamese New Year Celebration 2020

On Sunday, January 26 2020, the Sacred Heart Monastery held a Vietnamese New Year Celebration. The celebration began with mass followed by food and entertainment. There were over 400 people in attendance. While enjoying authentic Vietnamese food, the attendees enjoyed listening to traditional Vietnamese music and watching a fashion show which modeled classic Vietnamese clothing.

Fun Fact: in Vietnam, each lunar year is represented by one of twelve animals in the rotation of the Vietnamese zodiac calendar—and 2020 is the Year of the Rat!



# Sacred Heart Welcomed Author Susan Angel Miller

On Tuesday, January 28, author Susan Angel Miller visited Dr. John Olesnavage's Pastoral Care & Counseling class to speak on her experience with grief and post-traumatic growth (PTG). Susan tragically lost her daughter in 2009 after being diagnosed with a brain tumor, and soon after Susan herself was diagnosed with a benign brain tumor and underwent emergency surgery. She discovered the positive psychology concept of post-traumatic growth (PTG) during her recovery.

The hope she has is that her website, presentation, and memoir will provide inspiration and resources for navigating the aftermath of loss or trauma for others. Her book, *Permission to Thrive: My Journey from Grief to Growth*, is available on Amazon at

<https://www.amazon.com/dp/B07LDZK645>.



## Happy Birthday To...

### February

- 1—Assana, Reine
- 6—Nagel, Dcn. David
- 9—Harmon, Kevin
- 16—DiNello, Steven
- 17—Glatczak, Joseph
- 17—Conn, Kelly
- 18—Nguyen SCJ, Fr. Quang
- 18—Nguyen; Duy Henry
- 18—Nguyen, Fr. Vien
- 18—Schrage, Carl
- 20—Yocis, Thomas
- 22—Dal Santo, Carla
- 24—Jaramillo, David
- 25—Beltré Báez; Dennis
- 26—Land, Gerard
- 28—Knoebel, Fr. Tom



## Prayer and Recollection in Remembrance of the Holocaust

January 27th marked the 75th anniversary of the liberation of the Auschwitz-Birkenau concentration camp at which the Nazi regime murdered 1.1 million people. Most of those murdered were killed in the gas chambers immediately upon their arrival at the camp. Six million Jews, including 1.5 million children, died in the Holocaust between the years 1940 and 1945. On this International Holocaust Remembrance Day, the enormity of this reality of man's inhumanity toward man continues to remain beyond comprehension.

Pope Francis asked for people to spend a moment in prayer and recollection on January 27. In his Angelus address on January 26, he stated:

“In the face of this huge tragedy, this atrocity, indifference is not admissible and memory is a must . . . May the anniversary of the unspeakable cruelty that humanity learned of 75 years ago serve as a summons to pause, to be still and to remember.”

It is important that January 27 serves as a reminder that hatred in any form can spin dangerously out of control. Call it one of the many lessons of the Holocaust.

The Holocaust also serves as a reminder of the horrors that occurred when not enough people, not enough nations, could muster the courage to stand up against bigotry and hatred.

We cannot ignore words and acts of hatred against our fellow human beings.

On the day that commemorates the 75th anniversary of the liberation of the Auschwitz Concentration Camp, a place where words of hatred led to unconscionable mass murder, let us join together and pledge to love our neighbor in order for peace to reign in our world today and in the future.

### Own the Discovering Pope Francis Book today!

The Discovering Pope Francis book is now available for purchase. The cost is \$20. If you would like to place an order, please email [jmercado@shsst.edu](mailto:jmercado@shsst.edu).

### Buy the Anodyne Sacred Heart Coffee Blend today!

Are you enjoying the coffee in the Sacred Heart cafeteria? You can now purchase the new Anodyne Sacred Heart coffee blend to enjoy anytime! The cost is \$8.75 (+tax) per bag of coffee (1 lb). If you would like to place an order, please email [jmercado@shsst.edu](mailto:jmercado@shsst.edu).

Ground AND whole bean 1lb coffee bags NOW AVAILABLE!

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## Weekly Calendar

### Monday, February 03, 2020

- 7:00am Lauds (SH Chapel)
- 7:30am Mass (SH Chapel)
- 8:30am President's Council (Room 201)
- 11:45am Angelus (SH Chapel)
- 2:30pm Spring 2020 AAB Meeting (Room 201)
- 5:15pm Vespers (SH Chapel)
- 8:30pm Rosary (St. Joseph's Chapel)

### Tuesday, February 04, 2020

- Potential Seminarian Visit Dominic Egre (Society of the Divine Savior)
- 7:00am Lauds (SH Chapel)
- 7:00am Laudes (Spanish), (IHM Chapel)
- 7:30am Mass (SH Chapel)
- 11:45am Angelus (SH Chapel)
- 12:05pm Almuerzo (Emmaus)
- 5:15pm Vespers (SH Chapel)
- 5:15pm Vísperas (Spanish) (IHM Chapel)
- 8:30pm Rosary (St. Joseph's Chapel)

### Wednesday, February 05, 2020

- 7:30am Lauds (SH Chapel)
- 8:30am Formation Groups (Classrooms 1-5)
- 10:00am Practicum
- 11:15am All School Mass (SH Chapel)
- 1:00pm Formation Advisors Meeting (Classroom 11)
- 1:00pm TR III (Classroom 01)
- 1:00pm TR I (Classroom 03)
- 1:00pm IS - Group 1 (Comer)
- 1:00pm IS - Group 2 (Classroom 06)
- 2:45pm Faculty Discussion/Vote (Room 201)
- 4:30pm Adoration/Vespers/ Benediction (SH Chapel)
- 7:00pm Sacrament of Penance
- 8:30pm Rosary (St. Joseph's Chapel)

### Thursday, February 06, 2020

- 7:00am Lauds (SH Chapel)
- 7:30am Mass (SH Chapel)
- 8:45am Rector's Cabinet (Room 201)
- 11:45am Angelus (SH Chapel)
- 5:15pm Vespers (SH Chapel)
- 8:30pm Rosary (St. Joseph's Chapel)

### Friday, February 07, 2020

- 7:00am Lauds (SH Chapel)
- 7:30am Mass (SH Chapel)
- 11:45am Angelus (SH Chapel)
- 2:30pm Preliminary Faculty Discussion (Room 201)
- 5:15pm Vespers (SH Chapel)

### Saturday, February 08 & Sunday, February 09, 2020

- (08) 9:00am Cor Unum Apostolic Saturdays
- (09) 8:00pm Adoration (Alone or in Small Groups)