

# InnerView



“For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.” (Jeremiah 29:11)

## Perpetual Vows

On Sunday, September 8, Simon Muema, SDS professed his Perpetual Vows as a Salvatorian at St. Pius X Parish in Wauwatosa. Congratulations, Simon!



## Buy the Anodyne Sacred Heart Coffee Blend Today!

Are you enjoying the coffee in the Sacred Heart cafeteria? You can now purchase the new Anodyne Sacred Heart coffee blend to enjoy anytime! The cost is \$8.75 (+tax) per bag of coffee (1 lb). If you would like to place an order, please email [kconn@shst.edu](mailto:kconn@shst.edu).



## Happy Birthday To...

### September

- 2—Ebel, Dcn. John
- 3—Sanchez, Timothy
- 3—Stefancin, Joseph
- 5—Nemer, Michelle
- 7—Beal, Wesley
- 8—O'Connor, Julie
- 11—Owen, Ann
- 12—Udoekpo, Fr. Michael
- 12—Grieger, Mary
- 12—Harty, Kathy
- 17—Sudol SCJ, Fr. Andrzej
- 18—Olesnavage, Dr. John
- 20—Pham, Huan
- 22—Markworth, Ruth
- 23—Suczeck SCJ, Fr. Zaqueu
- 28—Vigueras, Arturo
- 28—Gasqui, Fr. Leonildo
- 30—Courchaine, Michael
- 30—Misey, Monica
- 30—Zweber, John

## The National Catholic Register

Look at Sacred Heart! The National Catholic Register featured this beautiful view of our school on the main page of their annual college listing!



# September 16-22, 2019

2019 SEPTEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2019 OCTOBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

“For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.” (Jeremiah 29:11)

## Lux Center Advisory Board Visits the Offices of Archdiocese of Milwaukee

On Monday, September 9<sup>th</sup>, the Advisory Board of the Lux Center for Catholic-Jewish Studies held their fall meeting at the offices of the Archdiocese of Milwaukee. Bishop Jeffrey Haines, Co-Chair of the Advisory Board with Rabbi Ronald Shapiro, gave members a tour of the archives of the Archdiocese of Milwaukee and explained significant moments of its history. The exhibits are in honor of the 175<sup>th</sup> anniversary of the Archdiocese.



## Ecumenical Interreligious Lunch Presentation

On Friday, September 20, Mr. Pardeep Kaleka, the Executive Director of the Interfaith Conference of Greater Milwaukee, will be giving a presentation on “The Work of the Interfaith Conference” as part of the Ecumenical Interreligious lunch presentation in classroom 2 at noon.



Have you checked your bio and department pages on our new website? It is very important we are up to date for our accreditations. Please email changes to [enollge@shsst.edu](mailto:enollge@shsst.edu) as soon as possible.



## May He Rest in Peace



Msgr. Donald Krebs died peacefully September 11, 2019 at 6:50 a.m.  
 The Wake Service will be on Monday, September 16 at 7 p.m.  
 The Funeral will be on Tuesday, September 17 at 11 a.m.  
 Both services will take place at St. Joseph’s in Moorhead.

Fr. Krebs was a faculty member as an Associate Director of Human and Spiritual Formation from 2000-2009. He was a priest of the Crookston MN Diocese. After retiring, Msgr Krebs returned to the Crookston area, and spent his winters in Texas, ministering at nearby parishes. May he rest in peace.



# September 16-22, 2019

2019 SEPTEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2019 OCTOBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

“For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.” (Jeremiah 29:11)

## Congratulations, Dr. Brummond!

It is with great honor to announce the publication of a book review by Dr. Michael Brummond, Assistant Professor of Systematic Theology. The book review is: *Annibale Bugnini: Reformer of the Liturgy* by Yves Chiron (Brooklyn, NY: Angelico Press, 2018). In *Adoremus Bulletin* 25:2 (2019).

Congratulations, Dr. Brummond on this accomplishment!



## Prayer and Mass Time Adjustment for the Week of September 23

On Tuesday, September 24: Solemn evening prayer will be at 5:15pm in the Sacred Heart chapel

We hope all faculty and staff can attend!

On Wednesday, September 25: All school mass will be at 4:30pm in the Sacred Heart chapel.



## Get Your Flu Shot!

SAVE THE DATE - FLU CLINIC 2019

When: Wednesday, October 2, 2019

Time: 11:30 am to 1:30 pm (no 11:15 mass that day)

Location: SHSST Lobby

## Dr. Olesnavage featured in the Catholic Herald

September 12, 2019 EVENT HIGHLIGHT [catholicherald.org](http://catholicherald.org) 15

### Sacred Heart Teacher Helps Others to Ask Their 'Powerful Questions'

COLLEEN JURKIEWICZ  
CATHOLIC HERALD STAFF

Dr. John Olesnavage, vice president for pastoral formation at Sacred Heart Seminary and School of Theology, describes himself as a “firm believer” in Tolkien’s famous line: “Not all who wander are lost.”

But he also knows, from personal experience, that “wandering gets old and frustrating — especially if you are someone who feels called to make a difference.”

If that’s the case, Dr. Olesnavage teaches that it’s essential for each person to identify his or her unique “powerful question” — the question that will help them to focus on their unique purpose and to pursue it with confidence.

“It’s the question embedded in your life story — it’s very particular to your life. When you find it, it opens all sorts of doorways and pathways to passion and purpose,” said Dr. Olesnavage.

Dr. Olesnavage will host “Ask Your Powerful Question” at FirstFruits in Elm Grove on Thursday, Sept. 19. It’s a program that has already received positive feedback from students of Sacred Heart’s graduate lay masters program, Cor Unum. He describes it as an “evangelical” program in the sense that it “puts you in touch with your



▲ Dr. John Olesnavage will give a talk on how to ask your own powerful question on Thursday, Sept. 19. (Submitted photo)

truth, and when you are in touch with truth, you are in touch with God.”

Dr. Olesnavage said that he discovered his own “powerful question” when he was studying for his doctorate.

“I ran into a pretty famous psychologist who wrote 20, 30 books and started his own school — Dr. Clark Moustakas — and the first time I met him, I asked him, ‘How do you do everything you do?’” recalled Dr. Olesnavage. “He said, ‘I simply follow my question every day.’ A lightbulb went off and I thought, ‘I want one of those.’ I found my question,

and it has as much life to me now as it did 23 years ago.”

In 2011, Dr. Olesnavage began offering programs to help others find their own powerful questions. Edell Schaefer, a student of the Cor Unum program, said that finding her own powerful question — “How do we deal with the messiness of life?” — helped to “move me forward instead of trapping me in past hurt and negativity — and to understand myself and my actions in the larger framework of healing a fractured world.”

Her fellow student, Leah Sealey, who is a practicing spiritual director, said that her question — “What makes you say ‘Wow?’” — makes her “more aware of God actively getting my attention throughout the day.”

“I work with people seeking God’s movement and involvement in building their lives,” she said. “When I ask

seekers my question, I’m sometimes met with a quizzical look; however, once the question takes hold, they have much to share when I see them again.”

Dr. Olesnavage said there is certain criteria for identifying what an individual’s own powerful question is. An important identifier of the powerful question is a visceral response either emotionally or physically — goosebumps, shortness of breath or speechlessness. “Your question becomes a lens with which to view the world and make choices right for you,” he said.

To register for the free introductory course Sept. 19, email [dialogical2004@yahoo.com](mailto:dialogical2004@yahoo.com). For more information on Dr. Olesnavage, visit [askyourpowerfulquestion.com](http://askyourpowerfulquestion.com) or find his book, “Ask Your Powerful Question,” on Amazon.com.

**TWO GUYS AND A GOSPEL**

New episodes released every Wednesday at 10 a.m.

PODCAST ALWAYS AVAILABLE AT [ARCHMIL.ORG/TWOGUYS](http://ARCHMIL.ORG/TWOGUYS)

Prepare for Sunday Mass with an engaging discussion about the Gospel. Learn something new, share it with others, and join in the conversation.

## Reminder

This Saturday’s (September 14) 8:30am mass is cancelled. You are invited to join the 11:30am mass with the Cor Unum group.

# September 16-22, 2019

2019 SEPTEMBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

2019 OCTOBER						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

“For I know the plans I have for you, declares the LORD, plans for welfare and not for evil, to give you a future and a hope.” (Jeremiah 29:11)

## Weekly Calendar

<p><b>Monday, September 16, 2019</b></p> <ul style="list-style-type: none"> <li>• 7:00am Lauds</li> <li>• 7:30am Eucharist</li> <li>• 8:45am President’s Council (Room 201)</li> <li>• 11:45am Angelus (SH Chapel)</li> <li>• 5:15pm Vespers</li> <li>• 8:30pm Rosary (St. Joseph’s Chapel)</li> </ul>	<p><b>Tuesday, September 17, 2019</b></p> <ul style="list-style-type: none"> <li>• 7:00am Lauds (SH Chapel)</li> <li>• 7:00am Laudes (Spanish) (IHM Chapel)</li> <li>• 7:30am Eucharist</li> <li>• 11:45am Angelus (SH Chapel)</li> <li>• 5:15pm Vespers</li> <li>• 5:15pm Visperas (Spanish) (IHM Chapel)</li> <li>• 8:30pm Rosary (St. Joseph’s Chapel)</li> </ul>
<p><b>Wednesday, September 18, 2019</b></p> <ul style="list-style-type: none"> <li>• 7:30am Lauds</li> <li>• 8:30am Formation Groups (Classrooms 1-5)</li> <li>• 10:00am FE Supervisors In-Service (Comer)</li> <li>• 10:00am Practicum (SH Chapel)</li> <li>• 10:00am Concurrent Placement (Comer)</li> <li>• 11:15am Mass/Eucharist (SH Chapel)</li> <li>• 12:00pm Case Study Mentors’ (Emmaus)</li> <li>• 1:00pm TR (Classroom 1)</li> <li>• 1:00pm Formation Advisor Meeting (Classroom 11)</li> <li>• 6:00pm Faculty and Students Vespers/Dinner at SFdSS</li> </ul>	<p><b>Thursday, September 19, 2019</b></p> <ul style="list-style-type: none"> <li>• 7:00am Lauds</li> <li>• 7:30am Eucharist</li> <li>• 8:45am Rector’s Cabinet (room 201)</li> <li>• 11:45am Angelus (SH Chapel)</li> <li>• 12:05pm Almuerzo (Lunch in Spanish) (Emmaus Dining Room)</li> <li>• 5:15pm Vespers</li> <li>• 8:30pm Rosary (St. Joseph’s Chapel)</li> </ul>
<p><b>Friday, September 20, 2019</b></p> <ul style="list-style-type: none"> <li>• 7:00am Lauds</li> <li>• 7:30am Eucharist</li> <li>• 11:45am Angelus (SH Chapel)</li> <li>• 12:00pm Ecum. Interreligious Lunch (Classroom 2)</li> <li>• 5:15pm Vespers</li> </ul>	<p><b>Saturday, September 21 &amp; Sunday September 22, 2019</b></p> <ul style="list-style-type: none"> <li>• (21) 8:30am Eucharist with integrated Lauds (IHM Chapel)</li> <li>• (22) 8:00pm Adoration (SH Chapel)</li> </ul>